

CULTURE, ARTS & ENTERTAINMENT

The Healing Power of Music



Ori Dagan Sings Ella Fitzgerald

Tues, April 25th, 2017

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Mon, June 5th, 2017

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Debbie Danbrook

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Books

- *Musicophilia: tales of music and the brain* (2007) by Oliver Sacks.
- *Healing at the speed of sound: how what we hear transforms our brains and our lives* (2011) by Don Campbell.
- *The healing power of hip hop* (2016) by Raphael Travis.

Movies

- *Alive inside* (2014) by Michael Rossato-Bennett (Director).

CDs

- *Zen relaxation* (2006) by William D. Gibson, Dan Gibson, and Donald Quan.
- *Asian spa* (2004) by Donald Quan.

Sheet Music

- *Romantic classics for piano solo: easy to intermediate* (2010) by various artists.
- *The most beautiful pop ballads* (2004) by various artists.
- *The best soul songs ever* (2008) by various artists.

Periodicals

- *Journal of Music Therapy* (1968-2009).
- *Canadian Journal of Music Therapy* [2004-present].

Online Resources

- *Waking the spirit: a musician's journey healing body, mind, and soul* (2016) by Andrew Schulman. [E-book]. Available through Overdrive.
- *Meditation: the most beautiful classical melodies* (2014) by various artists. [E-Music]. Available through Naxos Music Library.
- "Listening to classical music results in a positive correlation between spatial reasoning and mindfulness", by T. Bell, K. McIntyre & R. Hadley (2016). *Psychomusicology*, 26(3), pp. 226-235. [Peer-Reviewed E-Article]. Available through ProQuest: Music Periodicals Database.

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